

Subject Area PSHE**Believe-Achieve-Belong****Intent**

"I have come that you might have life and have it to the full," John 10:10

The curriculum at St Michael and All Angels Catholic Primary School promotes curiosity and a love and thirst for learning. It is ambitious and empowers our children to Believe, Achieve and Belong.

At St Michael and All Angels, we are unique, loved by God, happy, respectful, and healthy!

The intent of our Relationships, Sex, Health and Economic curriculum, at St Michael and All Angels Catholic Primary School, is to deliver an curriculum which is accessible to all and that will enable them to achieve by understanding and remembering learning, believe that they are able to problem solve and be resilient and that they belong in our diverse society. We will equip them with the knowledge, skills and attributes to be healthy, independent and responsible members of a diverse society who understand how they are developing personally, physically and socially and provide them with confidence to tackle many of the moral, social and cultural issues that are part of growing up.

We aim to develop skills and attributes such as resilience, self-esteem, risk-management, teamwork, money management, first aid and critical thinking.

We are all aware of the important role the Relationship, Sex, Health and Economic curriculum has in supporting school to implement the 9 protected characteristics of The Equality Act 2010. Our main priority is for every individual to experience success and we will do this by developing their sense of self-worth and demonstrating how they can play a positive role in contributing to school life and the wider community in preparation for life and work.

Implementation

In the Early Years it is the first opportunity to see how a child interacts with their environment and how the environment influences them. Staff follow the Early Years Foundation Stage (EYFS) Statutory Framework which aims to guide children, to make sense of their physical world and their community by allowing them to explore, observe and find out about relationships, feelings and being happy and healthy – this is the first step of becoming a successful and happy child.

Our curriculum Personal, Health and Economic Curriculum is split into Four core themes of:

- **Health and Wellbeing,**
- **Relationships and Self-Identification**
- **Living in the Wider World**
- **Diversity and Equality**

The children will meet these themes throughout the course of the year and the themes are built upon as the children move through school. The children will also be enriched through key texts in each year group which link to our key concepts.

We follow the Personal, Social, Health and Economic Association question- based model which progresses from asking questions such as 'what and who' in Key Stage 1 to 'why and how'.

Relationship and Sex Education

We incorporate Relationships and Sex Education through the Journey in Love Scheme of Work.

The Key Themes over a year are:

- **Emotional**
- **Physical**
- **Spiritual**

These themes are built on in each year group from Nursery to Year 6.

We tailor the curriculum to suit our children by integrating children's and Parents Voice by adding additional money management lessons and first aid lessons to our curriculum.

We enrich the children's experience of Relationship, Sex, Health and Economic education through visits and visitors e.g. Knowsley Road Safety Team, Community Police Officers and workshops on a range of topics from Mental Health to Money Management.

Accessibility and Equal Opportunities

Please refer to the school's Equal Opportunities Policy, Accessibility Policy and Special Educational Needs Policy for further information.

All pupils have equal rights to access learning opportunities across the whole curriculum irrespective of ethnicity, religion, gender, disability or social circumstances. A wide variety of strategies can be used to ensure that teaching meets the needs of different groups of pupils. These include:

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| | <ul style="list-style-type: none"> • differentiating lessons (through use of resources, tasks, level of support, outcome); • using a range of teaching styles to match the range of learning styles represented in a typical class; • ensuring the classroom environment is safe and secure and accessible for all. |
| Impact | <p>We use both formative and summative assessment information in the Relationships, Sex, Health and Economic curriculum. Our curriculum has key objectives and we have set out our expectations around these.</p> <p>We assess pupils' depth of understanding frequently and use this to forecast as to whether pupils are on track to meet our curriculum expectations. This process provides an accurate and comprehensive understanding of the quality of education in Relationships, Sex, Health and Economic Education.</p> <p>Monitoring</p> <p>The Subject Leader will monitor progress according to the monitoring timetable. Subject leaders are expected to monitor in the following way over the course of the academic year:</p> <ul style="list-style-type: none"> • Learning Walks; • Co-coaching; • Pupil Voice; • Book scrutiny including learning logs; • Planning scrutiny; • Lesson drop ins <p>Adequate notice should be given and provide a clear focus for any activity that is due to be undertaken. The outcomes of any monitoring activity is feedback to the SLT and staff through the relevant meetings.</p> <p>Progress should be clear over the course of each topic.</p> <p>The effective teaching of Relationships, Sex, Health and Economic at St Michael and All Angels Catholic Primary School will impact upon the pupils in the following ways:</p> <ul style="list-style-type: none"> • developing positive, loving and healthy relationships with others both now and in the future; • be aware of ways to keep physically, mentally and emotionally safe; • understand the physical aspects of their developing life skills; • respect themselves and others; • have positive body images; • understand a range of emotions and how to deal with them; • develop self-confidence and self-esteem; |

- **be thoughtful and responsible members of their community and their school;**
- **become active members of our democratic society.**

At St Michael and All Angels Catholic Primary School our children are loving, happy, responsible and healthy children who can Believe-Achieve-Belong in the local and global world now and in the future.